

What is the Recovery Matters Group?

- We are a ministry of people who have experienced the transforming power of Jesus Christ in our lives that has freed us from the bondage of our addictions and compulsive behaviors. We come here weekly to share our experiences with others, so that they too, may come to know the joy of living a life of freedom guided by the Holy Spirit.
- We provide resources each week to help you in your decision to be freed from addiction or compulsive behaviors. Our goal is to provide a time of encouragement, sharing and information about each of the twelve steps of recovery, tools to help you reach your goals and understand yourself better, and that you will eventually find help from someone you choose to mentor you. We encourage you to attend regular AA or NA meetings, whether here or somewhere else, where you feel comfortable.
- We all had help with our recovery process and we want the same for you. We know from experience that finding someone you are comfortable working with is critical to your success in the 12 step process!
- If you need help finding the right person, we can connect you with someone from our group; or point you to resources where you can find AA and NA meetings and people who are willing to be sponsors.
- If you are new to Recovery Matters, please see me after our meeting.

Again, we meet here every week. We are glad that each of you are here and we hope that you will **keep coming back**. We believe that recovery is fundamentally a process of spiritual growth. God continues to use our past and present experiences to help us understand ourselves better and to deepen our relationship with Him. He has provided the twelve steps as a process that will awaken us to the power of His Holy Spirit in our lives. God has repeatedly proven that he is more than powerful enough to deliver us from our addiction/compulsion and for that we are grateful and give Him praise.

If you are willing, we absolutely know this process will work and we offer our changed lives as evidence of His grace. During our time together, we openly share our successes and failures, our strengths and our weaknesses, our hopes and frustrations so that God can use our experience to help all of us draw closer to Him. In fact, we have found that God uses our current individual struggles or concerns to guide our group discussion.