NORTH WAY
notes outline

RESIST: WEEK 7

"Pray then like this: 'Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil. For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.'"
Matthew 6:9-15

Unforgiveness is one of the strongest temptations that we must resist.

"Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded."
James 4:7-8

"Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. ... Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."
Ephesians 4:26-27, 31-32

The more our pain consumes us, the more it will control us.
Lysa Terkeurst

We don't get to choose what we experience. We do get to choose how that experience shapes our future.

NOTES:

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Steps on a Forgiveness Journey:

- Be the Sheep not the Shepherd

"Then Peter came up and said to him, 'Lord, how often will my brother sin against me, and I forgive him? As many as seven times?' Jesus said to him, 'I do not say to you seven times, but seventy-seven times.'"
Matthew 18:21-22

- Identify what I am owed.
- Deep wounds have deep layers.
- Lack of reflection can lead to lack of forgiveness.

"I acknowledged my sin to you, and I did not cover my iniquity; I said, 'I will confess my transgressions to the Lord,' and you forgave the iniquity of my sin."
Psalm 32:5

NOTES: